

UPPER MORELAND PARKS AND  
RECREATION

# YOGA

ADULT YOGA PROGRAM

TUESDAYS MARCH 24 - MAY 26 2026

8 SESSIONS - 7PM - 8PM

NO CLASS MAY 5 & 19



UPPER MORELAND MIDDLE SCHOOL CAFETERIA

Bring your own mat

**FEE: \$110 / \$165 NR**

Register at [www.uppermorelandrec.com](http://www.uppermorelandrec.com)